

## **COURSE DESCRIPTION**

***COURSE/ SUBJECT: PSYCHOLOGY***

***YEAR COURSE: 1 SEMESTER: 1***

***DEGREE: DENTISTRY***

***MODALITY: ATTENDANCE IS REQUIRED***

***ACADEMIC YEAR 2021/2022***

***FACULTY OF MEDICINE***

## 1. COURSE/SUBJECT IDENTIFICATION

### 1.- COURSE/SUBJECT:

Name: Psychology and Communication		
Code: 19684		
Year (s) course is taught: 1st	Semester (s) when the course is taught: 1st	
Type: Basic	ECTS of the course:6	Hours ECTS: (25)
Language: English	Modality: Attendanceis required	
Degree (s) in which the course is taught: Dentistry		
School which the course is taught: Medicine		

### 2.- ORGANIZATION OF THE COURSE:

Department: Clinical Medical Sciences
Area of knowledge: Psychiatry

## 2. LECTURERS OF THE COURSE/SUBJECT

### 1.-LECTURERS:

Responsible of the Course	CONTACT
Name:	Mario Saura Viejo
Phone (ext):	91 637 64 43
Email:	msaurav@ceu.es
Office:	
Teaching and Research profile	
Research Lines	

### 2.- TUTORIALS:

For any queries students can contact lecturers by e-mail, phone or visiting their office during the teacher's tutorial times published on the students' Virtual Campus.

### 3. COURSE DESCRIPTION

#### LEARNING OUTCOMES

Once the student passes this course, you must:

Learn to identify the concerns and expectations of the patient, as well as communicate effectively and clearly, both orally and written, with patients, family members, the media and other professional.

Understand and recognize the social and psychological aspects relevant to the treatment of patients.

Learn to apply the principles of the control of the anxiety and stress on one's own about patients and other members of the team, dental.

Understand the importance of developing a professional practice with respect to the autonomy of the patient, their beliefs and culture.

Learn to sharing information with other health professionals and work in team.

Understand the importance of maintaining and using records with information to the patient for further analysis, preserving the confidentiality of the data.

knowledge and identify psychological and physical problems resulting from gender-based violence to train students in the prevention, early detection, care, and rehabilitation of the victims of this form of violence.

### 4. COMPETENCIES

#### 1.- COMPETENCIES

Code	Basic and General Competencies
CB2	That the students can apply his knowledge to his work or vocation of a professional form and possess the competitions that are in the habit of being demonstrated by means of the production and defense of arguments and the resolution of problems inside his area of study.
CG3	Learn how to identify the patients concerns and expectations and communicate effectively and clearly, whether orally or in writing, with patients, family members, the media and other professionals.
CG4	To understand and to recognize the social and psychological relevant aspects to the patients' treatment
CG5	Learn how to apply the principles of anxiety and stress control on themselves, on patients and on other members of the dentistry team.
CG6	To understand the importance of developing a professional practice as for the autonomy of the patient, his beliefs and culture
CG7	Promote self-learning of new knowledge and techniques, as well as motivation for quality.
CG8	Learn how to share information with other healthcare professionals and to work in a team.
CG10	Know and to identify the psychological problems and physicists derived from the violence of kind to qualify the students in the prevention, the precocious detection, the assistance, and the rehabilitation of the victims of this form of violence

Code	Especific competencies
CE11	Learn the science of behaviour and communication that facilitate the practice of dentistry.

## 2.- LEARNING OUTCOMES:

Code	Learning outcomes
	To be able to identify the worries and expectations of the patient, as well as the mass media and other professionals, communicate of effective and clear form, so much of oral as written form, with the patients, the relatives.
	To understand and to recognize the social and psychological relevant aspects to the patients' treatment.
	To be able to apply the beginning of the control of the anxiety and of the stress on one itself, on the patients and on other members of the odontologic equipment.
	To understand the importance of developing a professional practice as for the autonomy of the patient, his beliefs and culture.
	To be able to share information with other sanitary professionals and be employed at equipment
	To understand the importance of supporting and using the records with information to the patient for his later analysis, preserving the confidentiality of the information.
	Learn about and identify the psychological and physical problems derived from gender violence to provide students with the necessary skills for prevention, early detection, assistance and rehabilitation of victims of this form of violence.

## 5. LEARNING ACTIVITIES

### 1.- DISTRIBUTION OF STUDENTS` ASSIGNMENT:

Total hours of the course	150
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Code	Name	On-campus hours
Theory classes	Theoretical classes: public exhibitions of the work done in individual or group practice development called block	55
Others	Evaluation	5
<b>TOTAL Presence Hours</b>		<b>60</b>

Code	Name	Not on-campus hours
	Self student work	90

## 2.- DESCRIPTION OF LEARNING ACTIVITIES:

Activity	Definition
<b>Lecture</b>	The teacher will develop the theoretical aspects of the subject, as well as their integration, according to the subject program. Supporting didactic materials will be used such as digitized documents projected during class and / or disseminated through the student portal, and photocopied documents that will be distributed in class.

## 6. ASSESMENT OF LEARNING

### 1.- CLASS ATTENDANCE:

In order to be eligible for examination by continuous assessment students must attend at least 75% of scheduled class time (attendance sheets will be used). As students may be absent 25% of the classes, no attenuating circumstances will be accepted for absences. 100% attendance at practical classes is required. (EN CASO DE CLASES PRÁCTICAS)

## 2.- ASSESMENT SYSTEM AND CRITERIA:

ORDINARY EXAMINATION (continuous assessment)		
Code	Name	Percentage

	Participation in theoretical clases and seminars (>75%)	5%
	Partial o final exam	75%
	Individual jobs	20%

EXAM/EXTRAORDIN ARY EXAMINATION		
Code	Name	Percentage
	Practical theoretical exam	100

### 3.- DESCRIPTION OF ASSESSMENT CRITERIA:

Assesment criteria	Definition
Face-to face	Class participation
Theory	Tests, short questions, essay questions, exercises, practical cases or legal questions, Assignments, research projects, reviews, reports, opinions
Continuos evaluation	<ul style="list-style-type: none"> <li>• The knowledge objectives will be assessed through written exercises of topic-type questions and reasoning, as well as individual assignments.</li> <li>• Two continuous assessment tests will be carried out to which those students who have met the minimum criteria for class attendance (75%) will be able to take part. Dates will be provided during the first days of class.</li> <li>• Each written exercise of topic and reasoning questions will be valued with 30% of the student's final grade. To apply this concept, the grade of each exam must be equal to or greater than 5.</li> <li>• Individual assignments will account for 20% of the student's final grade. To apply this concept, the grade of each work and presentation must be equal to or greater than 5.</li> </ul>
Ordinary call exman	<ul style="list-style-type: none"> <li>• A final exam will be carried out for those students who have not passed the partial tests or have not taken them as they have not met the minimum attendance criteria. There will be the possibility of a student taking the final exam if they want to improve their grade.</li> </ul>
<b>Extraordinary call exam</b>	<p>The student who does not pass the subject in the ordinary call, must take the final exam of the extraordinary call, which will cover all the matter contained in the subject.</p> <ul style="list-style-type: none"> <li>• The extraordinary exam may include questions related to the work that has been done during the course.</li> <li>• In the qualification of the extraordinary call, the percentages established in the continuous evaluation will not be applied, and this will be that of the extraordinary exam, taking into account the mark of practices that must be greater than or equal to five points out of ten.</li> </ul>
	The student who does not appear for the final exam in ordinary or extraordinary call will be classified as "Not Presented", regardless of whether they have carried out any academic activity related to continuous assessment.



## 7. COURSE PROGRAMME

### 1.- COURSE PROGRAMME:

#### THEORETICAL: 1.- COURSE PROGRAMME:

##### THEORETICAL:

#### BLOCK I - INTRODUCTION TO THE PSYCHOLOGY.

- I. Background
- I.2. Focus on psychology of the therapist (physician and other health and the clinic itself.
- I.3. methods and goals.

#### BLOCK II - BIOLOGICAL ROOTS OF BEHAVIOR

- II.1. Behaviorism.
- II.2. conditioning.
- II.3. Bases neurophysiological, neurochemical and endocrine psychic functions

#### BLOCK III - INFANCY AND CHILDHOOD

- III.1. Preschool psychology.
- III.2. school psychology.

#### THEME IV - ADOLESCENCE AND ADULTHOOD

- IV.1. Psychology of adolescence.
- IV.2. Psychology of youth (with its characteristics).
- IV.3. group psychology.
- IV.4. socio-cultural communication.

#### BLOCK V - REEDUCATE

- V.1. Concept.
- V.2. differences between reeducate and representation.

#### BLOCK VI - awareness

- V.1. concept. The normal state of consciousness (clarity. Extension. Succession. CES).
- V.2. the dream and its classes (slow, paradoxically).

#### BLOCK VII - MEMORY

- VII.1. Processing of the information.
- VII.2 Storage.
- VII.3 Evocation and oblivion.

#### BLOCK VIII - THINKING

- VIII.1. Construction of concepts, judgments and conclusions.
- VIII.2. the three fundamental noetic activities.
- VIII.3. thoughts with pathologic basis.

#### BLOCK IX - THE LANGUAGE SPOKEN

- IX.1. Definition.
- IX.2. theories on the origin of language.
- IX.3. Material linguistic (significant and meaning).

#### BLOCK X - PERSONALITY.

- X.1. Personality character and temperament.
- X.2. model of personality.
- X.3. factors affecting personality.
- X.4. Wallon and systematization of the personality of the child.
- X.5. development or evolution of healthy or sick personality.
- X.6. Human psychics and morphological types.

#### BLOCK XI - PSYCHOLOGY AND PSYCHOPATHOLOGY OF TECHNIFIED SOCIETY

- XI.1. Roman culture. Greek. Christianity. Bárbara.
- XI.2. freedom and free initiative of the person. The comfort. The economy. Science.

#### BLOCK XII - PSYCHOLOGY AND PSYCHIATRY AND ITS SOCIAL ACTION

- XII.1. Psychiatric epidemiology.

#### BLOCK XIII - FRUSTRATING OBSTACLES AND FRUSTRATION

- XIII.1 BEHAVIORS. Frustration. Phenomenon and reason.
- XIII.2. Obstacles: inability to physical, psychological and moral (feelings of duty).

#### BLOCK XIV - PAIN AS

- XIV.1 PSYCHOLOGICAL EXPERIENCE. Aspects of physical pain that should be collected in medical history.
- XIV.2. pain physical, psychic, moral and religious.

#### BLOCK XV - PSYCHOLOGICAL ASPECTS OF THE SICK MEDICAL AND SURGICAL

- XV.1. Medical and therapist and sick relationship models.

#### BLOCK XVI INTERVIEW.

- XVI.1. Way of understanding the human condition.
- XVI.2. Forms of verbal expression and gesture and the negative factors of the therapist-patient relationship.

#### BLOCK XVIII- WHICH IS THE HEALTH MENTAL

- XVIII.1. Of who, when, how.
- XVIII.2. adjustments and maladjustments. Pressure on the issue of the sick: deterioration of mobility, cerebral palsy, drug addiction, amputations, Burns, chronic pain. The seriously ill child. Terminally ill patients.

#### BLOCK XIX - RELATIONS PROFESSIONALS WITH DIFFICULT PATIENTS

- XIX.1. Multiple diagnoses.
- XIX.2. physical therapist and the patient (the therapeutic contract. The role. The emotional aspects).

BLOCK XX - PROFESSIONAL SKILLS DEVELOPMENT.

- XX.1 medical history.
- XX.2 The psychological interview.
- XX.3. working with small groups.
- XX.4. relaxation techniques.

BLOCK XXI - PROFESSIONAL PROFILE.

- XXI.1 Professional style.
- XXI.2. deontology.
- XXI.3. how receiving the patient.
- XXI.4. simultaneous treatment.
- XXI.5. professional relationships,

familiars BLOCK XXII - the re-entry

into the community

- XXII.1. Social effects of the disability.
- XXII.2. sexuality of disabled persons.
- XXII.3. aggressiveness. self-injury.

BLOCK XXIII - PSYCHOSOCIAL adaptation to the INCAPACIDAD

- XXIII.1. Phases of rehabilitation.
  - intense or acute
  - learning or functional.
  - Adaptation.
- XXIII.2. Psychosocial in severe trauma care. Components of the crisis. Replies. The therapeutic factor. Effective communication systems. Collaboration strategies. Prognosis.

## 8. RECOMMENDED READING

### 1.- ESSENTIAL BIBLIOGRAPHY:

**LESSONS of medical psychology, Lopez Ibor, JJ. Peace Montillo.** Last edition

**psychology medical. Rey Ardid. R.** Last edition

**SOFTWARE PRACTICE OF PSYCHOLOGY. Vallejo-Najera, JA.** Editions issue of today, Last edition

### 2.- ADDITIONAL BIBLIOGRAPHY:

**PSYCHOLOGY MEDICAL AND SOCIAL.** Alonso-Fernández, f. 1978. current psychiatry

**FUNDAMENTOS,** Alonso-Fernández, Paz Montalvo. Last edition.

**ORTOPEDIA and TRAUMATOLOGY.** Aston, J.N. Salvat Last edition.

rehabilitation: comprehensive approach. **PRACTICAL PRINCIPLES.** Golden banner. the rehabilitation. Last edition.

**REHABILITATION PSYCHOLOGY,** Kruege, David w. Last edition

## 9. ATTITUDE IN THE CLASSROOM

### 1.- REGULATIONS

Any irregular act of academic integrity (no reference to cited sources, plagiarism of work or inappropriate use of prohibited information during examinations) or signing the attendance sheet for fellow students not present in class will result in the student not being eligible for continuous assessment and possibly being penalized according to the University regulations.

## 10. EXCEPTIONAL MEASURES

Should an exceptional situation occur which prevents continuing with face-to-face teaching under the conditions previously established to this end, the University will take appropriate decisions and adopt the necessary measures to guarantee the acquisition of skills and attainment of learning outcomes as established in this Course Unit Guide. This will be done in accordance with the teaching coordination mechanisms included in the Internal Quality Assurance System of each degree.