COURSE DESCRIPTION

COURSE/ SUBJECT: PSYCHOLOGY

YEAR COURSE: 1  SEMESTER: 2

DEGREE: DENTISTRY

MODALITY: ATTENDANCE IS REQUIRED

ACADEMIC YEAR 2019/2020

FACULTY OF MEDICINE
1. COURSE/SUBJECT IDENTIFICATION

1. COURSE/SUBJECT:

| Name: Psychology                       |                                      |
| Code: b128                              |                                      |
| Year(s) course is taught: 1st Semester(s) when the course is taught: 2nd |                                      |
| Type: Basic                             | ECTS of the course: 6 Hours ECTS: (30) |
| Language: English                       | Modality: Attendance is required     |
| Degree(s) in which the course is taught: Dentistry |                                      |
| School which the course is taught: Medicine |                                      |

2. ORGANIZATION OF THE COURSE:

Department: Clinical Medical Sciences  
Area of knowledge: Psychiatry

2. LECTURERS OF THE COURSE/SUBJECT

1. LECTURERS:

<table>
<thead>
<tr>
<th>Responsible of the Course</th>
<th>CONTACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name:</td>
<td>Mario Saura Viejo</td>
</tr>
<tr>
<td>Phone (ext):</td>
<td>91 637 64 43</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:msaurav@ceu.es">msaurav@ceu.es</a></td>
</tr>
<tr>
<td>Office:</td>
<td></td>
</tr>
<tr>
<td>Teaching and Research profile</td>
<td></td>
</tr>
<tr>
<td>Research Lines</td>
<td></td>
</tr>
</tbody>
</table>

2. TUTORIALS:

For any queries students can contact lecturers by e-mail, phone or visiting their office during the teacher’s tutorial times published on the students’ Virtual Campus.
3. COURSE DESCRIPTION

LEARNING OUTCOMES

Once the student passes this course, you must:

1. Learn to identify the concerns and expectations of the patient, as well as communicate effectively and clearly, both orally and written, with patients, family members, the media and other professionals.
2. Understand and recognize the social and psychological aspects relevant to the treatment of patients.
3. Learn to apply the principles of the control of the anxiety and stress on one's own about patients and other members of the team, dental.
4. Understand the importance of developing a professional practice with respect to the autonomy of the patient, their beliefs and culture.
5. Learn to sharing information with other health professionals and work in team.
6. Understand the importance of maintaining and using records with information to the patient for further analysis, preserving the confidentiality of the data.
7. Knowledge and identify psychological and physical problems resulting from gender-based violence to train students in the prevention, early detection, care, and rehabilitation of the victims of this form of violence.

4. COMPETENCIES

1.- COMPETENCIES

<table>
<thead>
<tr>
<th>Code</th>
<th>Basic and General Competencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>CB2</td>
<td>That the students can apply his knowledge to his work or vocation of a professional form and possess the competitions that are in the habit of being demonstrated by means of the production and defense of arguments and the resolution of problems inside his area of study.</td>
</tr>
<tr>
<td>CG3</td>
<td>To be able to identify the worries and expectations of the patient, as well as the mass media and other professionals to communicate of effective and clear form, so much of oral as written form, with the patients, the relatives.</td>
</tr>
<tr>
<td>CG4</td>
<td>To understand and to recognize the social and psychological relevant aspects to the patients' treatment</td>
</tr>
<tr>
<td>CG5</td>
<td>To be able to apply the beginning of the control of the anxiety and of the stress on one itself, on the patients and on other members of the odontologic equipment.</td>
</tr>
<tr>
<td>CG6</td>
<td>To understand the importance of developing a professional practice as for the autonomy of the patient, his beliefs and culture</td>
</tr>
<tr>
<td>CG8</td>
<td>To be able to share information with other sanitary professionals and be employed at equipment.</td>
</tr>
<tr>
<td>CG10</td>
<td>Know and to identify the psychological problems and physicists derived from the violence of kind to qualify the students in the prevention, the precocious detection, the assistance, and the rehabilitation of the victims of this form of violence</td>
</tr>
</tbody>
</table>
2.- LEARNING OUTCOMES:

<table>
<thead>
<tr>
<th>Code</th>
<th>Learning outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
</tbody>
</table>

5. LEARNING ACTIVITIES

1.- DISTRIBUTION OF STUDENTS’ ASSIGNMENT:

<table>
<thead>
<tr>
<th>Total hours of the course</th>
<th>180</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Code</th>
<th>Name</th>
<th>On-campus hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Theory classes</td>
<td>Theoretical classes: public exhibitions of the work done in individual or group practice development called block</td>
<td>45</td>
</tr>
<tr>
<td>Practical classes</td>
<td>Practical classes: Individual psychological analysis work or groups within or outside the academic facilities for better flexibility of the student or students in the performance of practical theoretical development</td>
<td>8</td>
</tr>
<tr>
<td>Others</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>TOTAL Presence Hours</td>
<td></td>
<td>58</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Code</th>
<th>Name</th>
<th>Not on-campus hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self student work</td>
<td></td>
<td>122</td>
</tr>
</tbody>
</table>
2. DESCRIPTION OF LEARNING ACTIVITIES:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>AF1 Lecture</td>
<td>Learning activity oriented preferably to the competence of acquisition of knowledge (competence 1 MECES) and representative of more theoretical subjects. This activity gives priority to the transmission of knowledge by the professor, with the previous preparation or later study from the student.</td>
</tr>
<tr>
<td>AF2 Seminar</td>
<td>Learning activity which highlights the participation of the student in the reasoned interpretation of the contents and the sources of the area of study. It is oriented preferably to the competence of the application of knowledge (competence 2 MECES), and also to the ability of gathering, interpreting, and judging information and relevant data (competence 3 MECES). It is representative of mixed profile activities or subjects; theories and practices.</td>
</tr>
<tr>
<td>AF3 Workshop</td>
<td>Learning activity oriented preferably to the competence of the acquisition of abilities related to transmission of knowledge (competence 4 MECES) and representative of more methodological subjects. It prepares the student for written-oral communication and transmission of knowledge.</td>
</tr>
<tr>
<td>AF4 Practice</td>
<td>Learning activity oriented preferably to the competence of application of knowledge (competence 2 MECES) and representative of subjects or practical activities (labs, radio studies, TV studies and/or any other proper space).</td>
</tr>
<tr>
<td>AF5 External Internship</td>
<td>Activity developed in a company which aim is that the students learn how to apply the knowledge acquired during his or her studies in a real professional environment. He must also acquire the attitude of knowing how to be and how to do, which are a proper characteristic of the students of this university. The student will be provided with the supervision of a teacher in the university (Academic Tutor) and a professional in the company (Professional Tutor).</td>
</tr>
<tr>
<td>AF6 Final Degree Project</td>
<td>Activity mainly developed in an autonomous way by the student under the supervision of a teacher (Final Degree Project Tutor). The aim is that the student reflects the reach of the competences associated of their degree, as his or her great result from the learning process.</td>
</tr>
<tr>
<td>AF7 Self Student Work</td>
<td>Learning activity where the student develops his or her study in an autonomous way working with formative materials.</td>
</tr>
</tbody>
</table>

6. ASSESMENT OF LEARNING

1. CLASS ATTENDANCE:

In order to be eligible for examination by continuous assessment students must attend at least 75% of scheduled class time (attendance sheets will be used). As students may be absent 25% of the classes, no attenuating circumstances will be accepted for absences.

100% attendance at practical classes is required. (EN CASO DE CLASES PRÁCTICAS)

2. ASSESMENT SYSTEM AND CRITERIA:

<table>
<thead>
<tr>
<th>Code</th>
<th>Name</th>
<th>Percentage</th>
</tr>
</thead>
</table>

Ordinary Examination (continuous assessment)
Attendance and participation in theoretical clases and seminars (> 75%) | 5%
---|---
Practical seminars | 15%
Partial or final exam | 60%
Individual jobs | 20%

<table>
<thead>
<tr>
<th>Code</th>
<th>Name</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Practical theoretical exam</td>
<td>100</td>
</tr>
</tbody>
</table>

### 3.- DESCRIPTION OF ASSESSMENT CRITERIA:

<table>
<thead>
<tr>
<th>Assessment criteria</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>SE1 Dissertation</td>
<td>Presentation of lectures in seminars or work groups</td>
</tr>
<tr>
<td>SE2 Written Exam</td>
<td>Tests, short questions, essay questions, exercises, practical cases or legal questions,</td>
</tr>
<tr>
<td>SE3 Oral exam</td>
<td>Oral Exam</td>
</tr>
<tr>
<td>SE4 Assessment of Practices or Simulations</td>
<td>Practices and Simulations</td>
</tr>
<tr>
<td>SE5 Assessment of Assignments</td>
<td>Assignments, research projects, reviews, reports, opinions</td>
</tr>
<tr>
<td>SE6 Assessment of External Internships</td>
<td>The tutor of external internships from the associated company would submit a report to the academic tutor. The academic tutor will use this report to submit the mark. The report will assess competencies such as: technical ability, learning ability, oral and writing communicative skills, team ability, motivation, initiative, analytical skills, and all those aspects considered significant in the internship developed.</td>
</tr>
<tr>
<td>SE7 Evaluation Final Degree Project</td>
<td>The projects will be assessed by committees composed of a minimum of three teachers, preferably PhDs from the area of the academic discipline of the work, proposed by the Director of the Department. Each Final Degree Project would have a unique mark as a result of the arithmetic mean among the marks given to the project by any of the members of the panel. The evaluators would have a signature for this mark. In the presentation, the student would have approximately 15 minutes and, then, he or she will answer the questions formulated by the members of the committee.</td>
</tr>
</tbody>
</table>

### 7. COURSE PROGRAMME
1.- COURSE PROGRAMME:

THEORETICAL: 1.- COURSE PROGRAMME:

THEORETICAL:

BLOCK I - INTRODUCTION TO THE PSYCHOLOGY.

I. Background
I.2. Focus on psychology of the therapist (physician and other health and the clinic itself.
I.3. methods and goals.

BLOCK II - BIOLOGICAL ROOTS OF BEHAVIOR

II.1. Behaviorism.
II.2. conditioning.
II.3. Bases neurophysiological, neurochemical and endocrine psychic functions

BLOCK III - INFANCY AND CHILDHOOD

III.1. Preschool psychology.
III.2. school psychology.

THEME IV - ADOLESCENCE AND ADULTHOOD

IV.1. Psychology of adolescence.
IV.2. Psychology of youth (with its characteristics).
IV.3. group psychology.
IV.4. socio-cultural communication.

BLOCK V - REEDUCATE

V.1. Concept.
V.2. differences between reeducate and representation.

BLOCK VI - awareness

V.2. the dream and its classes (slow, paradoxically).

BLOCK VII - MEMORY

VII.1. Processing of the information.
VII.2 Storage.
VII.3 Evocation and oblivion.

BLOCK VIII - THINKING

VIII.1. Construction of concepts, judgments and conclusions.
VIII.2. the three fundamental noetic activities.
VIII.3. thoughts with pathologic basis.

BLOCK IX - THE LANGUAGE SPOKEN

IX.1. Definition.
IX.2. theories on the origin of language.
IX.3. Material linguistic (significant and meaning).
# BLOCK X - PERSONALITY.

X.1. Personality character and temperament.
X.2. Model of personality.
X.3. Factors affecting personality.
X.4. Wallon and systematization of the personality of the child.
X.5. Development or evolution of healthy or sick personality.
X.6. Human psychics and morphological types.

# BLOCK XI - PSYCHOLOGY AND PSYCHOPATHOLOGY OF TECHNIFIED SOCIETY


# BLOCK XII - PSYCHOLOGY AND PSYCHIATRY AND ITS SOCIAL ACTION

XII.1. Psychiatric epidemiology.

# BLOCK XIII - FRUSTRATING OBSTACLES AND FRUSTRATION

XIII.2. Obstacles: inability to physical, psychological and moral (feelings of duty).

# BLOCK XIV - PAIN AS

XIV.1. Psychological experience. Aspects of physical pain that should be collected in medical history.
XIV.2. Pain physical, psychic, moral and religious.

# BLOCK XV - PSYCHOLOGICAL ASPECTS OF THE SICK MEDICAL AND SURGICAL

XV.1. Medical and therapist and sick relationship models.

# BLOCK XVI INTERVIEW

XVI.1. Way of understanding the human condition.
XVI.2. Forms of verbal expression and gesture and the negative factors of the therapist-patient relationship.

# BLOCK XVIII - WHICH IS THE HEALTH MENTAL

XVIII.1. Of who, when, how.

# BLOCK XIX - RELATIONS PROFESSIONALS WITH DIFFICULT PATIENTS

XIX.1. Multiple diagnoses.
XIX.2. Physical therapist and the patient (the therapeutic contract. The role. The emotional aspects).

# BLOCK XX - PROFESSIONAL SKILLS DEVELOPMENT

XX.1. Medical history.
XX.2. Psychological interview.
XX.3. Working with small groups.
XX.4. relaxation techniques.

BLOCK XX - PROFESSIONAL PROFILE.
XXI.1 Professional style.
XXI.2. deontology.
XXI.3. how receiving the patient.
XXI.5. professional relationships, familiars

BLOCK XXII - the re-entry into the community
XXII.1. Social effects of the disability.
XXII.2. sexuality of disabled persons.
XXII.3. aggressiveness. self-injury.

BLOCK XXIII - PSYCHOSOCIAL adaptation to the INCAPACIDAD
XXIII.1. Phases of rehabilitation.
-intense or acute
-learning or functional.
-Adaptation.

PRACTICAL WORK PROGRAMME:
Practice 1-fail or no fail, that is something individual.
Practice 2-from the outside, from the inside.
Practice 3-trying to understand others.
Practice 4-fear of fear.
Practice 5-free or not free, that is the question.
Practice 6-guilt.
Practice 7-our life.

8. RECOMMENDED READING

1.- ESSENTIAL BIBLIOGRAPHY:
LESSONS of medical psychology, Lopez Ibor, JJ. Peace Montillo. Last edition
psychology medical. Rey Ardid. R. Last edition
SOFTWARE PRACTICE OF PSYCHOLOGY. Vallejo-Najera, JA. Editions issue of today, Last edition
2.- ADDITIONAL BIBLIOGRAPHY:

PSYCHOLOGY MEDICAL AND SOCIAL. Alonso-Fernández, f. 1978. current psychiatry
rehabilitation: comprehensive approach. PRACTICAL PRINCIPLES. Golden banner. the
rehabilitation. Last edition.
REHABILITATION PSYCHOLOGY, Kruege, David w. Last edition

9. ATTITUDE IN THE CLASSROOM

1.- REGULATIONS

Any irregular act of academic integrity (no reference to cited sources, plagiarism of work or
inappropriate use of prohibited information during examinations) or signing the attendance
sheet for fellow students not present in class will result in the student not being eligible for
continuous assessment and possibly being penalized according to the University regulations.